Basic Biostatistics



Goal

Statistics is the discipline that deals with randomness and probabilities and how to extract information from data in the face of randomness. Each scientific discipline attempting to learn about real world phenomena deals with statistical issues. Biostatistics is the sub-discipline of Statistics that focuses on applications in medicine and public health.

In this module you learn how to transparently describe data that was collected for a given study. In addition you learn how to make inferences and draw conclusions that go beyond the current data set and make statements about the underlying population of interest. Furthermore, the information in the data set has to be condensed and presented in an understandable fashion. For this

- you reduce data by calculating group level quantities (like means, risks etc)
- you quantify and interpret the amount of statistical uncertainty in your data, mostly by using 95% confidence intervals
- you make the first steps in using a statistical software (R) for data description, data transformation and simple statistical analyses
- you communicate appropriately the results obtained
- you translate specific questions into relevant statistical quantities of interest

Contents

Quantities of descriptive statistics and the fundamentals of statistical inference

- Uncertainty due to randomness
- 95% confidence intervals
- Calculating and transforming probability statements
- The interpretation of a p-value

Methods

The module follows the concepts of the textbook «Essential medical statistics» (https://www.blackwellpublishing.com/essentialmedstats/) and is a mixture of lectures and solving practical problems on concrete examples and data sets (in-class and at home). With this you will develop a solid understanding of the main concepts of statistical inference biomedical sciences. The teaching material will be made available on a password-protected module homepage (http://basic-biostats.ispmbern.ch/).

Between the two module blocks you will need to work about 20 hours off-class on module tasks.

Exam

Written exam during the module

Preparation and postprocessing

12 hours preparation, 12 hours postprocessing

In total 20 hours of off-class work and module tasks between August 20 and August 25

ECTS Credits 3 ECTS Credits Requirements required are:

«Introduction to Epidemiology and Study Designs» (B101.20)

«Konzepte und Methoden der Epidemiologie» (B102.30)

Organisation

Institut für Sozial- und Präventivmedizin der Universität Bern

Module lead

Lecturers and

Prof. Dr. Marcel Zwahlen, Institut für Sozial- und Präventivmedizin der Universität Bern Prof. Dr. Marcel Zwahlen, Institut für Sozial- und Präventivmedizin der Universität Bern

tutors

Dates

18 to 20 August and 25 and 26 August 2025

Location

Bern

Fees

CHF 2'100.- (incl. materials)

Registration deadline

18 June 2025

Additional

Teaching languages are English and German.

information

Participants are requested to bring along their notebook (Windows or Mac) and a scientific calculator.